

#### The Challenge of Disparate Health Outcomes in New Jersey

Denise V. Rodgers, MD, FAAFP
RBHS Vice-Chancellor for Interprofessional Programs
Professor, RWJMS Department of Family Medicine and Community Health

#### **RUTGERS**

#### **New Jersey Population by Race-2013**

WHITE 5,126,019 57.6%

BLACK 1,308,203 14.7%

**ASIAN** 818,739 9.2%

HISPANIC 1,681,975 18.9%

## Report of the Task Force on Black and Minority Health

**DHHS** - 1984

#### **Causes of Excess Mortality**

- Cancer
- Cardiovascular Disease and Stroke
- Chemical Dependency (cirrhosis)
- Diabetes
- Homicide and Accidents
- Infant Mortality

HIV/AIDS



#### LIFE EXPECTANCY AT BIRTH 1983

White Black

**United States** 75.2 69.6



#### LIFE EXPECTANCY AT BIRTH 2010

White Black

**New Jersey** 80.3 75.5

**United States** 78.9 74.6



#### Leading Causes of Death in NJ, 2010

Heart Disease	26.9%	18,642
Cancer	24.2%	16,758
Stroke	4.9%	3,389
CLRD	4.5%	3,098
Unintentional Injury	3.5%	2,454
Diabetes	3.0%	2,090
Alzheimer's Disease	2.7%	1,871
Septicemia	2.4%	1,657
Kidney Disease	2.3%	1,576
Influenza and	1.6%	1,125
Pneumonia		
All Other Causes	24.0%	16,591

www4.state.nj.us/dhss-shad



#### Age-Adjusted Death Rates by Race/Ethnicity

New Jersey – 2010 (Deaths per 100,000)

Cause	White	Black	Hispanic	Asian
ALL	696.4	889.4	478.7	340.7
HEART DIS	184.7	216.3	117.2	88.2
STROKE	31.4	48.2	28.0	24.3
CANCER	175.4	203.9	105.1	87.3
DIABETES	18.1	40.3	24.8	13.5



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New Jersey – 2010 (Deaths per 100,000)

Cause	White	Black	Hispanic	Asian
INFANT MORTALITY	2.6/1000	11.4/1000	4.3/1000	3.6/1000
HIV/AIDS	0.9	21.1	4.4	***
HOMICIDE	1.1	20.9	4.0	***
ACCIDENTS	30.4	26.4	17.2	10.2

www4.state.nj.us/dhss-shad

#### Factors Contributing to Health Disparities

- Socioeconomic Status/Income
- Education
- Insurance Status
- Individual Behaviors
- Health Beliefs/Culture

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## Median Household Income by Race/Ethnicity in New Jersey - 2013

**Asian** \$101,057

White \$80,402

**Hispanic** \$45,843

Black \$45, 239

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#### **RUTGERS**

## High School Graduation Rates in Selected Cities in New Jersey (2011-2014)

**Camden** 55.32%

Haddonfield 97.7%

New Brunswick 60.26%

East Brunswick 96.5%

Newark 66.58%

Livingston 97.55



### Life Expectancy at age 25, by sex and education United States 2006

Men Without a High School Diploma
 47 years

Men With a HS Diploma or GED 51 years

Men With Some College 52 years

Men With a Bachelor's Degree or higher 56 years



### Life Expectancy at age 25, by sex and education United States 2006

Women Without a High School Diploma 52 years

Women With a HS Diploma or GED 57 years

Women With Some College 58 years

Women With a Bachelor's Degree or higher 60 years

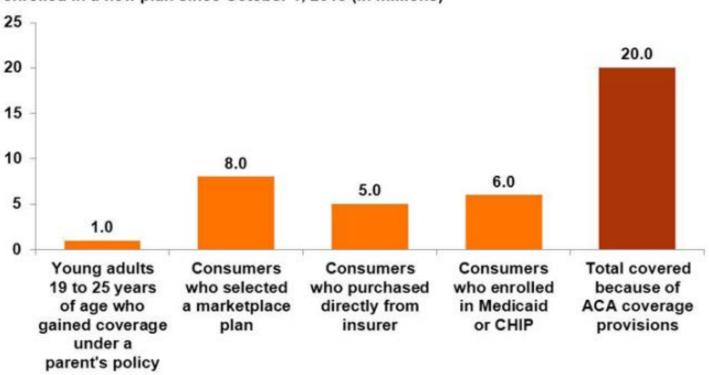
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#### Categories of Expanded Health Insurance Coverage Under the Affordable Care Act

Estimated number of people who have gained coverage or enrolled in a new plan since October 1, 2013 (in millions)



Source: D. Blumenthal and S. R. Collins, "Health Care Coverage Under the Affordable Care Act—A Progress Report," New England Journal of Medicine, published online July 2, 2014.



"The foundation report said that in September, about 21 percent of New Jerseyans age 18-64 were uninsured. It was down to about 13 percent in early March."

Susan K. Livio in the Star Ledger 5/23/14 reporting on data from the Rutgers Center for State Health Policy

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#### Contributors to Mortality in the US in 1990

- Tobacco Use
- Diet and Activity
- Alcohol
- Microbial Agents
- Toxins
- Firearms
- Sexual Behavior
- Motor Vehicle Accidents
- Illicit Drugs

McGinnis JM, Foege WH. JAMA 1993;270(18):2207-2212



#### HEALTH LITERACY



Low health literacy is a stronger predictor of a person's health than age, income, employment status, education level, and race.



## Low health literacy is estimated to cost the US health care system between \$50 and \$73 billion annually.

# The Effect of Hurricane Sandy on Cardiovascular Events in New Jersey

J Am Heart Assoc. 2014;3:e001354

"In the 2 weeks following
Hurricane Sandy, there were
increases in the incidence of, and
30-day mortality from, MI and in
the incidence of stroke."

J Am Heart Assoc. 2014;3:e001354

# What is the health impact of the stress associated with persistent poverty in the face of a culture of violence?